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Breakfast Selection

Freshly Pressed Orange Juice Porridge Yogurt/Granola/Honey Selection of Traditional Breakfast Cereals Eggs; Scrambled, Fried, Poached Grilled Tomatoes & Mushrooms Coffeys Award Winning Sausages Cured Bacon Gracehill Black Pudding Selection of Breads Vegetarian Sausages Freshly Brewed Tea/Coffee

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Lunch Selection

~Chicken~

Chargrilled Chicken with Piri-Piri Sauce Stir Fry Sweet Chilli Chicken with Vegetables & Noodles/Rice Italian Rice with Chicken Caramelised Ginger Chicken Chicken Arrabiatta Half Roast Chicken Crunchy Garlic Chicken Barbeque Chicken with Warm Green Bean Salad Chicken Fricassee with Rice Chicken, Chorizo and Butterbean Casserole Breast of Chicken a la King Coq-au-Vin Authentic Thai Green Curry with Lemongrass, Chilli & Coconut Char Grilled Fillet of Chicken with Garlic, Chilli and Tomato Crossgar Chicken Fillet with a White Wine & Asparagus Sauce

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~Fish~

Baked Ballycastle Salmon with a Tomato & Basil Sauce ~ Fillet of Portavogie Cod with Pasley Crust

> Baked Fillet of Hake Portavogie Seafood Bake Berr Battered Scampi --Baked Sea Trout with Lemon Butter Beer Battered Cod

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~Beef~

Slow Cooked Daube of Ulster Beef with Button Mushrooms, Caramelised Onions & Rich Red Wine Cooking Liquor

Classic Beef Bourguignon Hearty Irish Beef Stew Prime Roast Sirloin of Beef Beef & Guinness Pie Coffeys Award Winning Bangers & Mash with Rich Onion Gravy Mongolian Beef with Soy Marinated Vegetables Castle Kitchen Beef Lasagne Traditional Cottage Pie Succulent Char Grilled Rib-Eye Steak Sandwich

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~Lamb~

Lamb Rogan Josh with Indian Spices, Tomatoes & Onions Novarin of Irish Lamb & Herb Roasted Root Vegetables Traditional Irish Lamb Stew Blanquette of Irish Lamb with Spring Vegetables Slow Roasted Leg of Irish Lamb Moroccan Lamb Stew Hearty Shepherds Pie Slow Braised Shank of Irish Lamb ooOoo

~Pork~

Pork Stroganoff with Basmati Rice Stir Fried Pork with Ginger and Honey Sweet & Sour Pork with Boiled Rice Five Spice Pork with Noodles Pork Meat Balls in Red Pepper Sauce Mediterranean Pork Meat Balls Char Grilled Pork Chops with Apple Sauce Pulled Pork Sandwich

~Vegetarian~

Tartlet of Mediterrenean Vegetables and goats Cheese Keralan Veggie Curry Aubergine Lasagne Penne with Courgettes, Herbs & Parmesan Spinach, Pine Nuts and Parmesan Sausages Goats Cheese & Red Pepper Tarts Nut Loaf with Mixed Pepper Sauce Squash Risotto Tomato & Herb Calzone

~Salads~

Cherry Tomato, Feta & Black Olive Mixed Bean Salad Puy Lentil with Seasonal Veg Spinach, Garden Pea & Mint Cucumber Salad Traditional Coleslaw Salad New Potato & Chive Salad Giant Cous Cous with Vegetables Mediterranean Pasta Salad Rocket Leaves with Parmesan & Balsamic

~Potatoes~ (when needed) Baked Dauphinoise Boulanger Baby Roast Sautéed Chips Creamy Mash Champ Colcannon Potato ~Desserts~ Coconut Mango Trifle Jam Roly Poly Mixed Berry Cheesecake Armagh Apple Crumble with Custard Bread & Butter Pudding with Custard Pear & Almond Tart with Custard Bakewell Tart with Custard Banoffee Tart Rhubarb Crumble with Custard Sticky Toffee Pudding Peaches topped with Ginger Sponge

Creamy Rice Pudding with Pears